

#### **Benefit Options**

**Medical** 

**Dental** 

**Vision** 

Flexible Spending Accounts

Supplemental Insurance Plans

**Basic & Voluntary Life Insurance** 



## **Eligibility**

Full-time employees

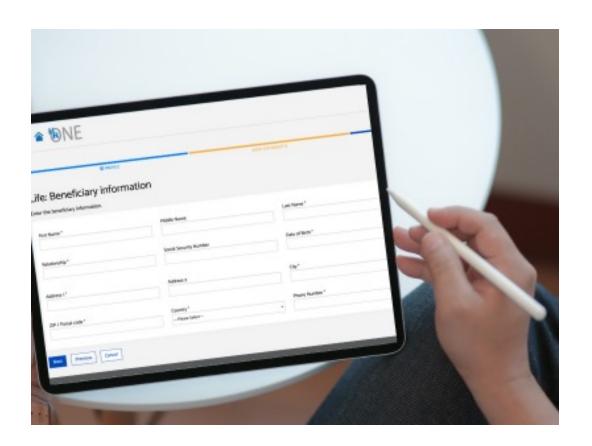
**Elected Officials** 

Designated Part-time 30 employees

\*Contractors and temporary employees ARE NOT eligible.

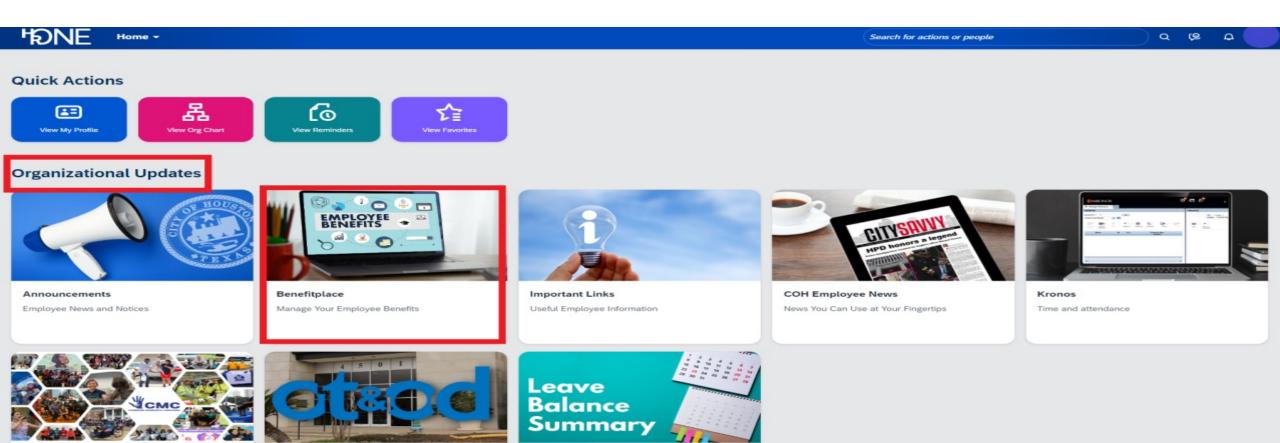
#### **About Your Benefits Platform**

 As part of HROne, Benefitplace simplifies and optimizes your benefits enrollment experience and also provides mobile-friendly online access to enroll or make changes.



#### **How to Enroll**

Log in to **HROne Connect** at <u>HROneConnect.houstontx.gov</u>. Under **Organizational Updates**, choose the **Benefitplace** tile.



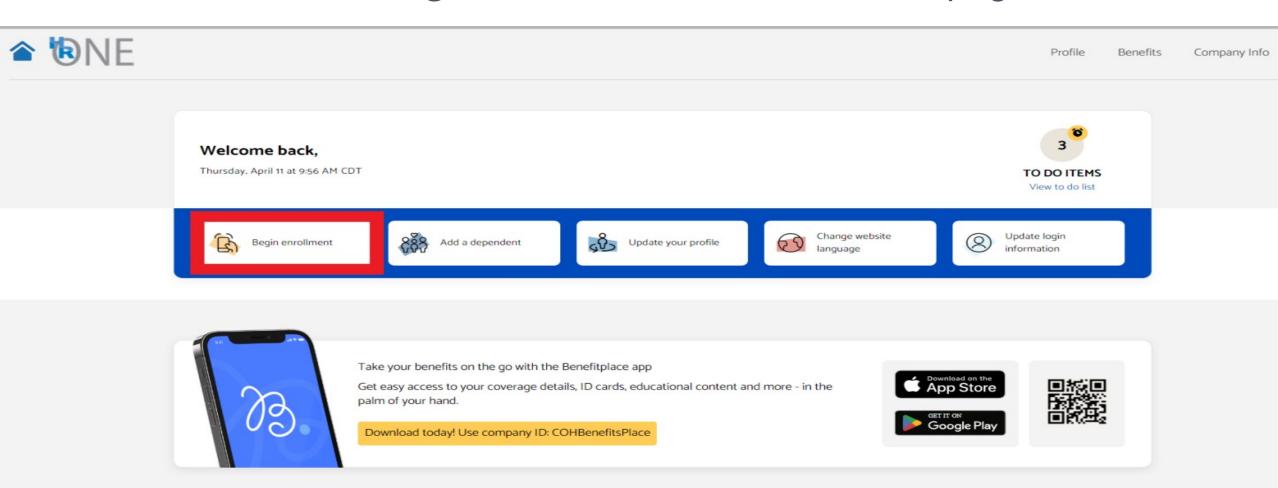
Time Statement

Combined Municipal Campaign

Office of Talent & Org. Development

#### **How to Enroll**

### Select **Begin Enrollment** from the home page.



## **Benefits On Demand**

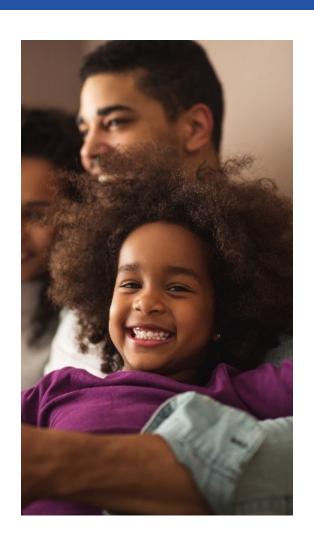
Get more detailed City Houston benefits information at <a href="http://cityofhoustonbenefits.org">http://cityofhoustonbenefits.org</a>

- Benefits Guide
- Detailed Plan Information
- Link to HROne Connect
- Benefits Administrators by Cluster



# Who is an Eligible Dependent?

- Legal spouse
- Biological child
- Adopted child
- Legal custody or guardianship foster child
- Court ordered dependent
- Stepchild
- Biological grandchild
- Disabled children age 26 and over



# **Required Supporting Documents**

Depending on the relationship, required supporting documents include:

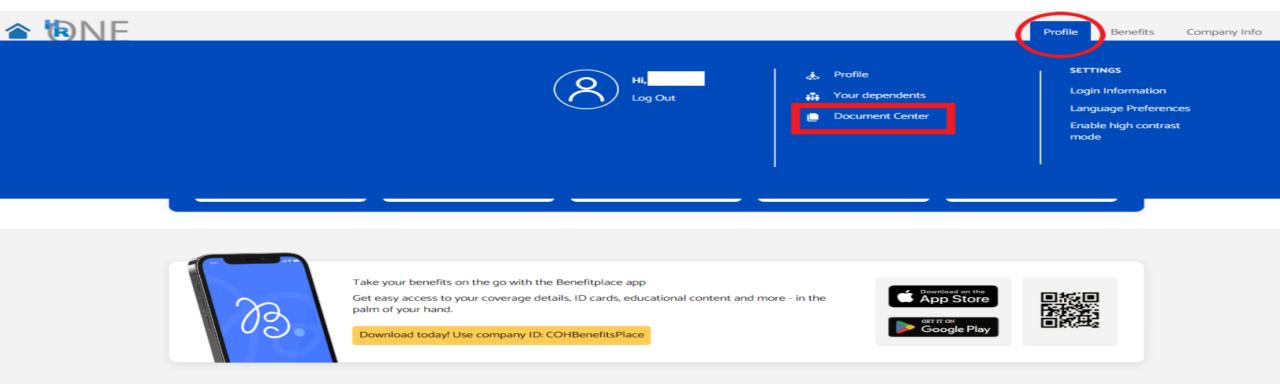
- Copy of official birth certificate(s) for child(ren)
- Marriage Certificate or Declaration and Registration of an Informal Marriage (Common Law)
- Adoption/Guardianship documents
- Social Security Numbers or Individual Taxpayer Identification Number (ITIN)



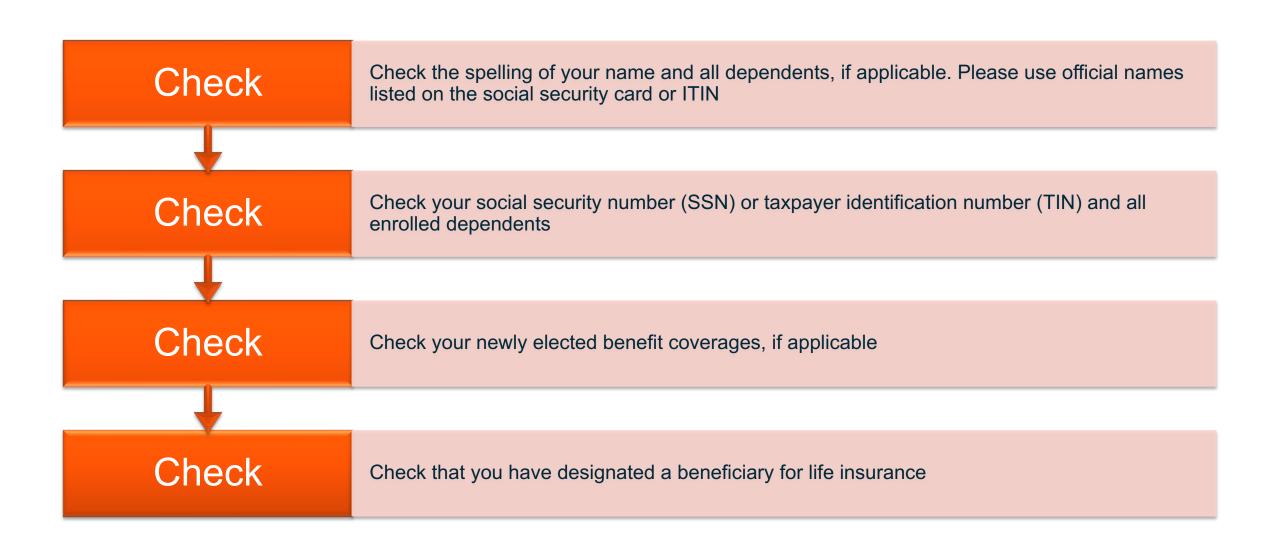
## **Uploading Documents Into Benefitplace**

While in Benefitplace, select **Profile** from the home page.

- In the drop-down menu, choose **Document Center**.
- Any documentation needed will be highlighted on your account. Choose Add document. Attach the requested document, then select Save Document.
- A message will display confirming your documentation has been uploaded. From this page, you can either View and manage
  your documents or Return to the homepage.

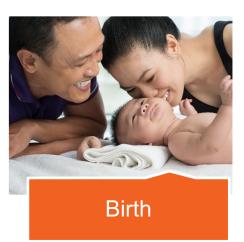


#### Checklist



# Qualifying Life Events\ Adding Dependents













Notify Benefits
Division within 31
days of
Qualifying Life
Event

### **Options During Open Enrollment**



The annual open enrollment starts in the spring.



Changes made during open enrollment become effective May 1



If you are a Health Flexible Spending Account (HFSA) participant and wish to keep it, you must re-enroll. It does not automatically rollover. The HFSA maximum rollover amount is \$500. Any amount left above \$500 will be forfeited. If you are a HFSA participant and do not re-enroll, you will forfeit unused funds.



IMPORTANT: Dependent Care Reimbursement Program (DCRP) is NOT part of the spring annual open enrollment period. The DCRP enrollment period is in November. The effective date is January 1.







Medical Plans
Administered by
Cigna



#### **Medical Plans**

- Whether you want more choices or more monthly savings, the City offers three unique medical plan options to meet your individual needs.
- All plans include free preventive care services and a four-tier prescription drug plan.

Consumer-Driven Health Plan (CDHP) Limited Network Plan

Open Access Plan

## **Consumer-Driven Health Plan**

- Includes a Health Reimbursement Account.
- Cigna's national network
- 20% coinsurance for most in-network services
- 40% coinsurance for most out-ofnetwork services
- Combined medical and pharmacy deductible \$1,750/\$3,500 in-network
- Combined medical and pharmacy deductible \$3,500/\$7,000 out-ofnetwork

Medical Plan Biweekly Rates		
Tier	Consumer-Driven Health Plan (CDHP)	
1161	Before Wellness Discount	After Wellness Discount
Employee Only	\$51.01	\$26.01
Employee + Children	\$103.10	\$78.10
Employee + Spouse*	\$181.58	\$144.08**
Employee + Family*	\$233.36	\$196.16**

<sup>\*</sup> Includes a \$37.50 spousal surcharge.

<sup>\*\*</sup> After Wellness Discount based upon employee AND covered spouse completing the wellness program.

## **Limited Network Plan**

- Three provider groups
- Medical deductible
- Pharmacy deductible
- PCP: \$35
- Specialist \$65
- Outpatient surgery: \$350
- Inpatient facility: \$600/day
- ER: \$400
- Urgent Care: \$65

Medical Plan Biweekly Rates		
T:a#	Limited Network Plan	
Tier	Before Wellness Discount Discount	
Employee Only	\$37.50	\$12.50
Employee + Children	\$142.63	\$117.63
Employee + Spouse*	\$234.30	\$196.80**
Employee + Family*	\$312.73	\$275.23**

<sup>\*</sup> Includes a \$37.50 spousal surcharge.

<sup>\*\*</sup> After Wellness Discount based upon employee AND covered spouse completing the wellness program.

# **Open Access Plan**

- Medical deductible
- No pharmacy deductible
- Cigna's national network
- Outpatient surgery, inpatient facility and ER: 30% coinsurance
- PCP: \$40
- Specialist: \$65/\$80 (Non-CCN is \$80)
- Urgent Care: \$75

Medical Plan Biweekly Rates		
	Open Access Plan	
Tier	Before Wellness After Wellne Discount Discount	
Employee Only	\$95.10	\$70.10
Employee + Children	\$235.26	\$210.26
Employee + Spouse*	\$357.82	\$320.32**
Employee + Family*	\$497.99	\$460.49**

<sup>\*</sup> Includes a \$37.50 spousal surcharge.

<sup>\*\*</sup> After Wellness Discount based upon employee AND covered spouse completing the wellness program.

# **Pharmacy Plan Features**

Pharmacy Plan Features Comparison				
Consumer-Driv		en Health Plan	Limited Network	
Pharmacy plan features	In Network	Out-of-Network	Plan	Open Access Plan
Prescription deductible	Yes. Combined medical and pharmacy deductible, except for certain preventive medications which are not subject to deductible.		\$150 individual / \$450 family	No
Retail Generic			\$10 or cost	\$10 or cost
Retail Preferred	20% Plan pays 80% after the deductible is met Specialty medications are 30-day supply only	n pays 80% after deductible is met Plan pays 40% after the deductible is met	\$45	20% (\$45 min/\$100 max)
Retail Non-preferred			\$60	40% (\$55 min/\$150 max)
Retail Specialty			\$100	40% (\$100 min/\$300 max)
Free mail-order prescriptions through Cigna Home Delivery Pharmacy	Generic and preferred brand diabetes, asthma, blood pressure, osteoporosis, prenatal vitamins, cholesterol, anxiety, depression, and bipolar related drugs and supplies.			

## **Participating Pharmacies**

#### **Participating Pharmacies: 30-Day**

- CVS/Target
- H-E-B Pharmacy
- Kelsey-Seybold
- Walgreens
- Walmart

#### **Participating Pharmacies: 90-Day**

- CVS/Target
- Walmart

For a complete list, visit Cigna.com/Rx90network

#### **Free Medications**

- Cigna Express Scripts offers three-month supply of these medications delivered to your home for \$0 copayment:
  - Generic and brand name asthma medications
  - Generic cardiovascular/high blood pressure medications
  - Generic cholesterol medications
  - Generic diabetic medications
  - Preferred-brand diabetic test strips
  - Brand name insulin
  - Blood glucose meters (for members not enrolled in Medicare)
- Call Cigna Express Scripts at 1-800-835-3784 to get started.







**Dental Plans**Administered by
Cigna



## **Dental Plans**

Dental wellness is an important component in your overall health. The City offers two dental plans.

Cigna Dental
Care®
(DHMO)
Plan

Total Cigna DPPO plan

# Cigna Dental Care® (DHMO) Plan Facts

- No deductibles
- No dollar maximums
- General dentist manages all dental needs and refers you to specialist
- Throughout the U.S., except for 13 states
- Benefits start May 1st
- No claim forms

Biweekly Dental Rates	
Tier	Cigna Dental Care® (DHMO)
Employee only	\$4.45
Employee + one	\$10.79
Employee + two or more	\$14.78

## **Total Cigna DPPO Plan Facts**

- Freedom to visit any licensed dentist or specialist
- No specialty referrals required
- Covers eligible dental expenses after waiting periods and deductibles
- Based on coinsurance levels with assigned percentage of costs

Biweekly Dental Rates		
Tier Total Cigna DPPO		
Employee only	\$16.87	
Employee + one	\$38.56	
Employee + two or more	\$52.80	







Vision Plan
Administered by
Superior Vision



#### **Vision Plan**

Vision Plan Biweekly Rates		
Tier	Superior Vision	
Employee only	\$4.54	
Employee + children	\$8.21	
Employee + spouse	\$7.76	
Employee + family	\$12.31	

- No deductibles
- \$20 annual exam copayment
- \$25 copayment for glasses or contact lenses
- \$150 allowance for glasses or contact lenses
- \$300 credit toward Lasik

## Vision Plan

#### **Available providers**

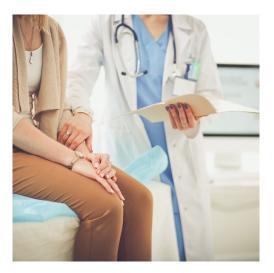
- Eyemasters/Visionworks
- Target Optical
- Sam's Club
- TSO
- Today's Vision
- Eye Care Centers of America
- Sears Optical

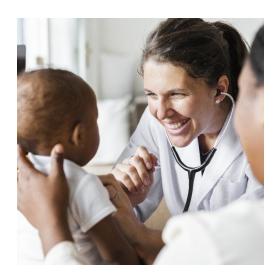


- Walmart
- Lens Crafters
- Pearle Vision
- Vision Source
- Plus, over 1,000 more providers

For a complete list, visit superiorvision.com







Flexible Spending
Accounts
Administered by
TASC



# Flexible Spending Accounts

- Healthcare Flexible Spending Account
- Dependent Care Reimbursement Account
- Total Administrative Services Corporation (TASC)
- Pre-tax benefit to be used for out-of-pocket qualified healthcare expenses
- Must re-enroll during the annual Open Enrollment period



#### How does the HFSA work?



- You'll select an annual amount to contribute. This will be divided by the number of pay periods left in the plan year.
- The minimum annual amount you can contribute to the plan is \$240 and the maximum is \$2,550.
- There is a \$500 rollover into the new plan year, but any amount over that will be forfeited.
- After you enroll, you will receive a TASC Mastercard in the mail.
- Use it like a debit card at your doctor's office, pharmacy and more to pay for qualified expenses.
- **IMPORTANT:** You must re-enroll in the HFSA if you do not want it to expire. It does not automatically rollover.

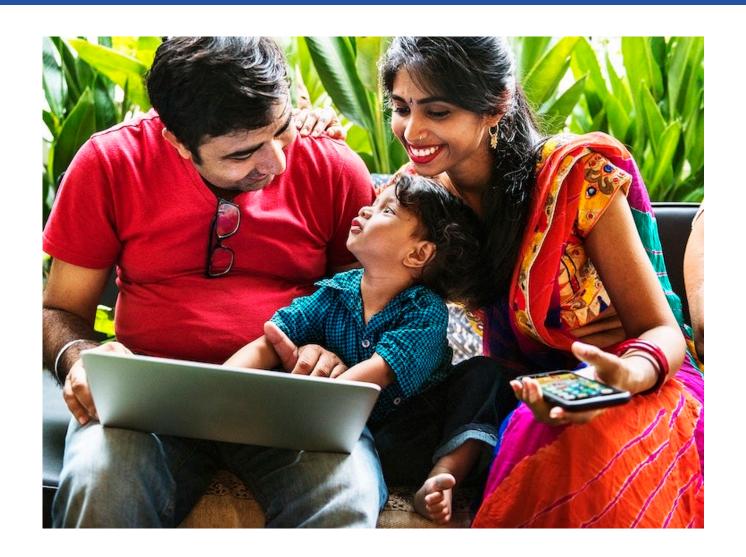
## **Examples of HFSA Eligible Expenses**

- Co-payments, co-insurance and deductibles for medical, dental and vision services
- Chiropractor
- Eyeglasses, reading glasses, contact lenses and contact lens solution
- LASIK

- Bandages and related items
- First aid kits
- Hearing aids and batteries
- Medical equipment
- Lab fees and diagnostic services
- Hospital services and fees

## **DCRP Highlights**

- Dependent care expenses must be work-related
- Expenses cannot exceed \$5000
- Expenses must be for one or more qualifying person:
  - o Child under 14
  - Spouse physically or mentally unable to care for themselves
  - Dependent physically or mentally unable to care for themselves for whom an exemption can be claimed
  - CAUTION! Your bi-weekly deduction amount is determined by dividing your election amount by number of pay periods left in the plan year.



## **Examples of Eligible Expenses for DCRP**

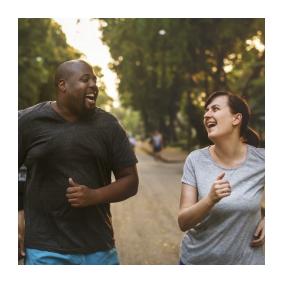
- Fees for licensed day care or adult care facilities
- Before and after school care programs for dependents under age 14
- Amounts paid for services (including babysitters or nursery school) provided in or outside of your home
- Nanny expenses attributed to dependent care
- Nursery school (preschool) fees
- Summer Day Camp primary purpose must be custodial care and not educational in nature



#### **Opportunities to Enroll in DCRP**

- New Hires may enroll within 30 days of employment and will become effective the 1<sup>st</sup> or 16<sup>th</sup> day of the month following 30 days of employment.
- Employees may enroll each November with a January 1<sup>st</sup> effective date.
- If an employee experiences a
   Qualifying Life Event (birth or adoption)
   and enrolls within 31-days of the event.









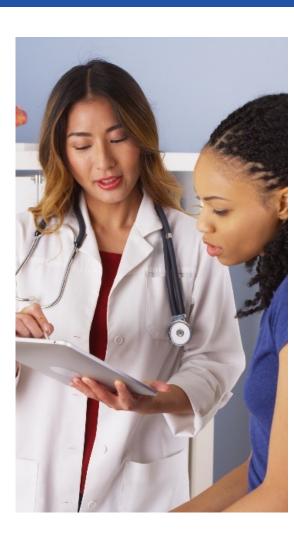
Program
Administered by City
of Houston & Cigna



## Wellness in Three Easy Steps

- 1. Annual Exam (40% program completion)
  - Deadline: Jan. 31, 2025
- 2. Health Assessment (40% program completion)
  - Deadline: March 14, 2025
- 3. Wellness Engagement (20% program completion)
  - Deadline: March 14, 2025

Medical Rate Discount
80% employee | 160% employee and spouse
Healthy Award Funds
20% employee = \$65 | 40% employee and spouse = \$97.50







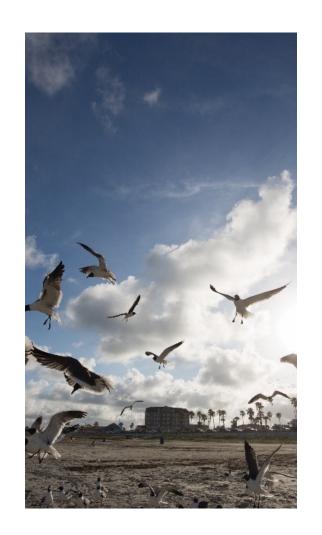


Life Insurance
Administered by
Dearborn National



## **Basic Life Insurance**

- Basic Life Insurance at one times your base salary at no cost
- Spouse is eligible for a \$2,000 life insurance benefit
- Dependent children are eligible for a \$1,000 life insurance benefit



#### **Voluntary Life Insurance**

 Premiums are based on age, salary, and coverage options

 Rates are available in Benefitplace New Hires may apply up to 3x salary if within first 30 days of employment: no Evidence of Insurability (EOI) required unless applying for 4x salary

Spouse: up to half your salary \$50,000 max

**Child(ren):** \$10,000 max

If you do not elect voluntary life within your first 30 days, you may apply for coverage ONLY during the annual open enrollment. An EOI is required.

## Life Insurance: Things to Consider

- A life insurance benefit will not be paid to a minor without legal financial guardianship documents
- Update beneficiaries if you encounter a life event change such as marriage, death, divorce or birth
- You may change your beneficiaries 24/7 by accessing HROne, then click on Benefitplace. Changes made are in real-time, which mean they are effective immediately.







**Supplemental Insurance**Administered by
Continental American
Insurance Co.



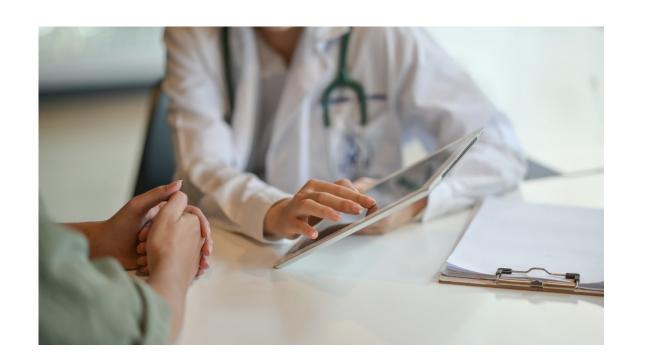
### **Supplemental Insurance Plans**

- The City offers three supplemental insurance plans
- Provided by Continental American Insurance Company

Group Hospital Indemnity Group Critical Illness with Cancer Group Accident Insurance

## **Hospital Indemnity Plan**

- Includes additional \$100 a day ICU benefit for 30 days
- Plan pays a one-time hospital admission benefit of \$500
- \$150 for up to 30 days for hospital confinement
- \$125 for out-patient surgery
- \$50 health screening benefit



## **Group Critical Illness with Cancer**

- Up to a \$20,000 lump sum is paid directly to you upon diagnosis.
- Covers cancer, heart attack, stroke, coma, major organ transplant, kidney failure, burns, etc.
- Different illness reoccurrence benefit payable at 100% if at least six months apart

- Same illness reoccurrence benefits payable at 100% if at least six months apart (12 months for cancer)
- No lifetime limit on payout
- \$75 health screening benefit
- Childhood Conditions Rider

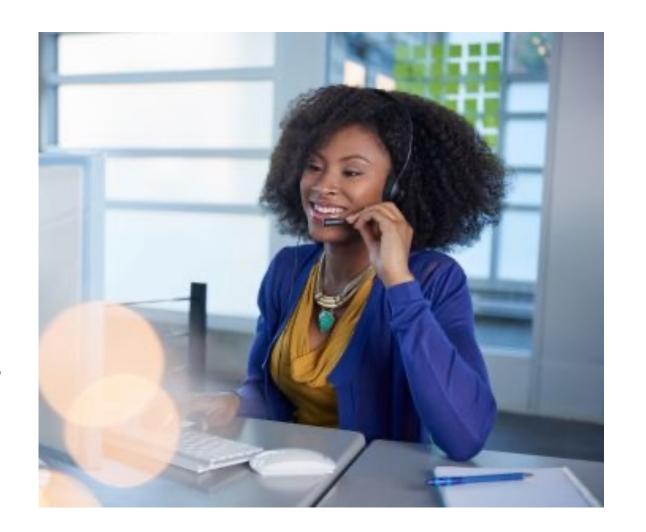
## **Group Accident Insurance**

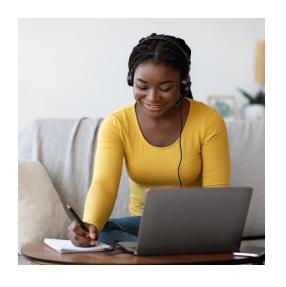
- Helps cover the cost of expenses due to an accident such as: ambulance rides, emergency room visits, surgery and anesthesia, prescriptions, major diagnostic testing and burns
- Benefits are paid directly to you, unless otherwise assigned.

- Coverage is guaranteedissue (which means you may qualify for coverage without having to answer health questions).
- Benefits are paid regardless of any other medical insurance.

#### **Supplemental Insurance Enrollment**

- Continental American Insurance Company (CAIC)
- Supplemental Insurance Enrollment will be available in a central location through Benefitplace.
- If you need additional support, contact CAIC at 888-687-1883









Employee Assistance
Administered by
City of Houston EAP &
Guidance Resources



### What is the EAP?

The Employee Assistance Program (EAP) is a free benefit provided by the City of Houston to employees and their immediate family members. EAP Counselors work with managers and supervisors to address employee and organizational challenges. The City of Houston uses a hybrid model: both Internal and External EAP.



# City of Houston EAP - Internal

- Assessment and referral
- Support the coordination of substance abuse services
- Disruptive Events and Crisis Response
- Mediation & Management Consultation
- Training by Request
- Teletherapy
- 6 free sessions per issue
- Monday Friday 8 a.m. 5 p.m.

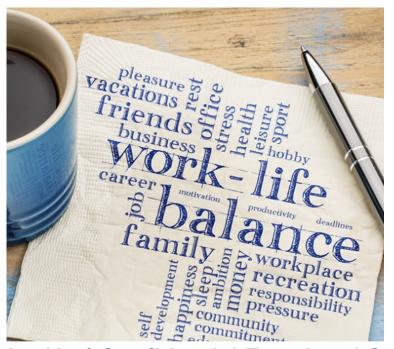


832-393-6510 | 602 Sawyer St. Suite 410

## City of Houston EAP - Guidance Resources

- Work-Life Solutions: Information, referrals, and resources for work-life needs
- Legal Support: Expert legal information from licensed ComPsych staff attorneys
- Financial Resources:

   Financial information from
   ComPsych staff financial
   experts



855-378-7485 | Confidential Emotional Support (Personal & Family Concerns)

## **Accessing EAP**

832-393-6510 - Internal EAP

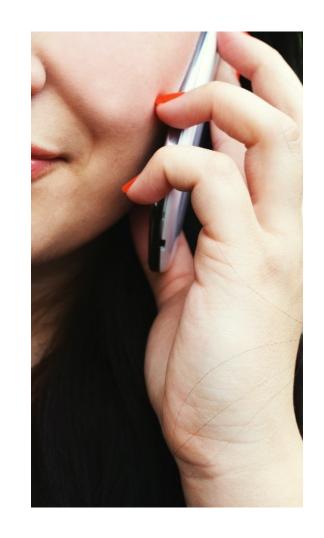
855-378-7485 – Guidance Resources

TTY: 711

guidanceresources.org

WEB ID: HOUSTONEAP

EmployeeAssistanceProgram@houstontx.gov



## Final Paycheck Beneficiary Form

Form available through cityofhoustonbenefits.org Please complete the form legibly.

The form must be notarized if your spouse is **not** your sole primary beneficiary.

If your form requires notarization, the Human Resources Department has several notaries available at 611 Walker, 4<sup>th</sup> Floor. Monday- Friday 8 a.m. – 5 p.m. Spouse must be present, or you may go through another source that is more convenient for you.



#### **Let's Summarize**

- ✓ Review the City of Houston Employee Benefits Decision Guide to learn more about benefits options
- ✓ If you decide to elect any of the benefits discussed, complete your enrollments within 30 days of hire date. Reminder: <u>Benefits are effective the 1<sup>st</sup> or 16<sup>th</sup> after 30 days of employment.</u>
- Submit the required dependent documentation if you are covering a spouse and/ or child(ren), which includes Social Security Numbers or Individual Taxpayer Identification Number to the Document Center in Benefitplace.
- ✓ Designate a beneficiary for your basic life insurance policy.
- ✓ If you select 4x salary for Voluntary life coverage, an evidence of insurability (EOI) is required. Complete the EOI within 30 days of hire and submit directly to Dearborn National. You DO NOT need to complete an EOI if you are applying for 1x − 3x salary if you apply within the 30-day enrollment window.
- ✓ Complete the Final Paycheck Beneficiary Designation form (last paycheck and vacation hours).

You may make changes anytime during the 30-day enrollment window.

## **Contact Information**



benefits@houstontx.gov



832-393-6000



www.cityofhoustonbenefits.org









Questions

