

The Learning and Development Center in Partnership with Strayer University Will Host Growth Mindset Workshop April 12

This Organizational Development initiative was designed to help employees evaluate their current degree of life balance or imbalance

FOR IMMEDIATE RELEASE

Houston, TX—April 12, 2016—The Learning and Development Center's Organization Development (OD) and Auxiliary Service team in partnership with Strayer University will host a Growth Mindset Workshop on Tuesday, April 12, 2016.

Conducted by Adviser, Coach, Mentor, and Academic Leader Dr. Charity S. Lanier, the workshop was designed to teach participants how to foster a growth mindset that creates optimal motivation, productivity and teamwork.

Goals and objectives of the workshop include:

- Differentiate between a fixed mindset and growth mindset
- Foster a growth mindset in the workplace environment
- Approach leadership with a growth mindset

"Employees are eager for classes that can help them invest in their professional development, which is evident by the interest and increased enrollment expressed for more courses such as these," said Erika "EJ" Johnson, OD Specialist, LDC.

The professional development workshops offered by the Learning and Development Center can benefit those employees who are in various stages of their careers, no matter their occupation.



About Strayer Education, Inc.

Strayer Education, Inc. (NASDAQ: STRA) is an education services holding company that owns Strayer University. Strayer's mission is to make higher education achievable for working adults in today's economy. Strayer University is a proprietary institution of higher learning that offers undergraduate and graduate degree programs in business administration, accounting, information technology, education, health services administration, public administration, and criminal justice to working adult students. The

University includes Strayer@Work, which serves corporate clients by delivering the next generation of performance improvement and workforce development. Strayer University also offers an executive MBA online and corporate training program through its Jack Welch Management Institute. The University is committed to providing an education that prepares working adult students for advancement in their careers and professional lives. Founded in 1892, Strayer University is accredited by the Middle States Commission on Higher Education, 3624 Market Street, Philadelphia, PA 19104. (267-284-5000). The Middle States Commission on Higher Education is an institutional accrediting agency recognized by the U.S. Secretary of Education and the Council for Higher Education Accreditation.



About the Learning and Development Center

The Learning and Development Center (LDC) is a strategic development and employee performance improvement organization that offers comprehensive training solutions that significantly affect performance and institutional outcomes. The LDC's consultancy is comprised of an experienced team of professionals with the knowledge and capabilities to design and implement strategies that help our clients' achieve their goals. The LDC's primary focus is to provide transformational learning programs

that enhance the skills, job competencies, and improve performance and overall satisfaction for the City of Houston's workforce.

For more information, please visit the LDC website at <http://www.houstontx.gov/ldc/>

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