

# **PRESS RELEASE**

### **FOR IMMEDIATE RELEASE**

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# Outdoor Adventures & Nature Thrills At Lake Houston Park This September

The Houston Parks and Recreation Department invites everyone interested in the world of nature to visit Lake Houston Park in September for an ongoing series of fun and educational events in the great outdoors! All programs at the Nature Center are FREE with a \$3 park entry fee, unless otherwise noted. Throughout the month, Park Naturalist Jerry Walls will lead guests on a variety of learning adventures in the wilderness of Lake Houston Park, including:

## Saturday, September 6 – 7:30 p.m.

#### "Night Creek Walk"

Join us for this fun and educational adventure as we search for the many interesting things out and about on Peach Creek at night! We will listen for owls and search for bats with a bat detector. We will walk the creek bank looking for fish, frogs, animal tracks, and many other interesting things. For ages 8 and up. Bring a flashlight, insect repellant, and closed-toe shoes. Call **(281) 354-0173 for required reservations**.

#### Saturday, September 20 - 8:00 a.m.

#### "Breakfast With the Birds"

Join fellow birding enthusiasts on this fun and educational walk in search of the many beautiful avians that call Lake Houston Park home! No need to be an expert birder! Whatever your level of experience, come have a great time! For ages 10 and up. Make your **required reservation** by calling **(281)** 354-0173.

Lake Houston Park is located 30 minutes north of downtown Houston off Highway 59 and FM 1485 at 22031 Baptist Encampment Road. It has approximately 5,000 acres of forest, with a nature center, 12 miles of hike and bike trails, 8 miles of equestrian trails, cabins, and camping facilities. The park offers a variety of activities for visitors to experience. Call (281) 354-6881 for camping reservations.

For additional information on recreational and educational opportunities at Lake Houston Park or the Houston Parks and Recreation Department, call (713) 865-4537, or visit <a href="www.houstonparks.org">www.houstonparks.org</a>.