

Building Hours:

Monday	9:00 a.m. - 8:00 p.m.
Tuesday	9:00 a.m. - 6:00 p.m.
Wednesday	9:00 a.m. - 9:00 p.m.
Thursday	9:00 a.m. - 9:00 p.m.
Friday	9:00 a.m. - 6:00 p.m.

KINGWOOD ADULT PROGRAMS

HOUSTON PARKS AND RECREATION DEPARTMENT



Kingwood Community Center

4102 Rustic Woods Dr, Kingwood, Tx 77345

Information: (281) 348-2570, kingwood@houstontx.gov

Mornings:

Advanced Crochet	Thursday	10:30 a.m. - 11:30 a.m.
Beginner Crochet	Monday	10:30 a.m. - 12:30 p.m.
Chair Yoga	Monday & Wednesday	9:00 a.m. - 10:00 a.m.
Greeting Card Class	3rd Tuesday	10:00 a.m. - 12:00 p.m.
Hand & Foot Canasta	Friday	10:00 a.m. - 1:00 p.m.
Intermediate Bridge	Friday	9:00 a.m. - 12:00p.m.
Fitness Hour	Mondays	10:30 a.m. - 11:30 a.m.
Knitting & Needle Work	Monday	10:30 a.m. - 12:30 p.m.
Mahjong	Tuesday	10:00 a.m. - 12:00 p.m.
Party Bridge	Wednesday	9:30 a.m. - 12:00 p.m.
Quilting	Friday	10:30 a.m. - 12:30 p.m.
Walking Aerobics	Tuesday, Thursday, Friday	9:00 a.m. - 10:00 a.m.

Afternoons & Evenings:

Bingo	Monday	12:30 p.m. - 3:00 p.m.
Boot Camp	Monday	6:30 p.m. - 7:30 p.m.
Bunko	Thursday	1:00 p.m. - 3:00 p.m.
Creative Writing	2nd Thursday	7:00 p.m. - 8:30 p.m.
Dominoes - Mexican Train	Friday	1:00 p.m. - 4:00 p.m.
Duplicate Bridge	Wednesday & Thursday	6:00 p.m. - 9:00 p.m.
Euchre	Tuesday	1:00 p.m. - 4:00p.m.
Greeting Card Class	3rd Tuesday	1:00 p.m. - 3:00 p.m.
Integral Tai Chi (ITC)	Monday & Thursday	6:00 p.m. - 8:00p.m.
Intermediate Bridge	Wednesday	1:00 p.m. - 4:00p.m.
Line Dancing (Beginner)	Tuesday & Thursday	2:00 p.m. - 3:15 p.m.
Line Dancing (Experienced)	Tuesday & Thursday	3:30 p.m. - 4:45 p.m.
Meditation	Thursday	7:00 p.m. - 8:15 p.m.
Monthly Craft Class	2nd Wednesday	1:00 p.m. - 3:00 p.m.
Page Turners Book Club	3rd Thursday	7:00 p.m. - 8:30 p.m.
Party Bridge	Wednesday	1:00 p.m. - 3:00 p.m.
Senior Social Dances	1st Friday	5:30 p.m. - 8:30 p.m.
Zumba*	Wednesday	7:00 p.m. - 8:00 p.m.

* Requires charge

G7-008.16



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www.houstonparks.org

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