

# Houston Parks and Recreation Department

## Youth and Family Engagement

### Activities

Week of February 14 – February 18, 2022

#### Mardi Gras Handprint Mask

**Supplies:** Construction Paper (Green, Purple, Yellow), Scissors, Tape, Pens, Crayons, Pencils, Markers, Glitter (If you want), and a straw.

First take a piece of paper in your choice of color and fold it hamburger-wise. Place your non-dominant hand on top of the paper with the crease of the paper near your wrist. Next trace your whole hand, and cut it out, not cutting apart the fold. Then cut out eye holes and begin decorating. Lastly, tape the straw to the back of the mask, and it's done.

#### Fit for a King/Queen

Go outside and find an open space, mark off 5 spots starting 1ft apart, 3ft apart, 6ft apart, and 9ft apart. Sprint from the starting spot, back to the line. Then continue until you have reached the 9ft spot and sprinted back. Do this 3 times.

#### Simon Shows Parade Line

Everybody gets in a line, standing directly behind each other. One person stands in the front of the line, facing everybody else. That person is Simon. They are to move their body without speaking, and the person facing them is to do as Simon does. The rest of the people in line are to figure out what Simon did, by watching from the back of the person in front of them. After each round, move up one spot and the Simon, goes to the back of the line.