

Houston Parks and Recreation Department

Youth and Family Engagement

Activities

Week of May 2 – May 6, 2022

Sidewalk Obstacle Course

It's like hopscotch, but better! Make the obstacle course go in a circle. For a bigger group, consider making two of the exact same obstacle courses next to each other and have relay races. Here are a few ideas for the chalk obstacle course:

- Leap like a frog to lily pads (draw lily pads)
- Pop the bubbles (draw bubbles)
- Skip/tip toe down a squiggly line
- Hop over a pile of rocks or sticks
- Spell your name (draw each letter all of the kids' names)
- Walk backwards (draw a line)
- Follow the paw prints (draw paw prints)
- Crab walk (draw 2 straight lines)
- Jump spin (draw a swirl)

Artist Switch

Draw large rectangles on the ground (draw as many as the number of youth who will be playing) and give each youth sidewalk chalk. Ask them to start drawing a picture in their space. Set a timer for 3 - 5 minutes and when time is up having the youth rotate to another rectangle and have them draw on that space. Continue until all the artists have had a chance to color on all the rectangles.

Sidewalk Chalk Maze

Draw a large maze on the ground that youth must maneuver through on their bikes, scooters or on foot.