

# Houston Parks and Recreation Department

## Youth and Family Engagement

### Activities

Week of May 2 – May 6, 2022

#### Sidewalk Obstacle Course

It's like hopscotch, but better! Make the obstacle course go in a circle. For a bigger group, consider making two of the exact same obstacle courses next to each other and have relay races. Here are a few ideas for the chalk obstacle course:

- Leap like a frog to lily pads (draw lily pads)
- Pop the bubbles (draw bubbles)
- Skip/tip toe down a squiggly line
- Hop over a pile of rocks or sticks
- Spell your name (draw each letter all of the kids' names)
- Walk backwards (draw a line)
- Follow the paw prints (draw paw prints)
- Crab walk (draw 2 straight lines)
- Jump spin (draw a swirl)

#### Artist Switch

Draw large rectangles on the ground ( draw as many as the number of youth who will be playing) and give each youth sidewalk chalk. Ask them to start drawing a picture in their space. Set a timer for 3 - 5 minutes and when time is up having the youth rotate to another rectangle and have them draw on that space. Continue until all the artists have had a chance to color on all the rectangles.

#### Sidewalk Chalk Maze

Draw a large maze on the ground that youth must maneuver through on their bikes, scooters or on foot.