

Houston Parks and Recreation Department

Youth and Family Engagement

Activities

Week of May 23 – May 27, 2022

Musical Positions

Have the players jog around the infield, using the whole infield to jog around and jogging around in random patterns, not the base path. Call out a base or position and all players must run to that spot. Players must touch the base with their foot. Make sure the players are not getting too competitive and pushing each other. Once all players have touched the base, the coach calls for them to start jogging around again. The coach then calls out a different base for the players to run to. Continue this process until the players have run to each base multiple times

Steal The Bacon

Split team in half with one team lined up between first and second and the other between second and third. Players will be assigned a number within their group. Both coaches will stand at home with the bucket of balls. The coaches will yell out numbers randomly. The player assigned that number from both teams will run out to catch the ball. The player that thinks they have it should call for the ball by yelling "Ball, ball, ball." Be sure to incorporate both ground balls and fly balls and have them practice fielding on the move. Call out multiple numbers to add competition.