

# Fitness Boot Camp

Houston Parks and Recreation Department

## Crestmont Fitness Boot Camp



Now is the time! Get fit with the Fitness Boot Camp!  
Join your friends for a full-scale workout!

<b>Location:</b>	Crestmont Park Community Center 5200 Selinsky, 77048
<b>Time:</b>	6:15 p.m. – 7:15 p.m.
<b>Date:</b>	Every Monday & Wednesday
<b>Information:</b>	(713) 733-2236

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