MEDIA ALERT

FOR IMMEDIATE RELEASE
July 24, 2009

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Let’s Play! Health & Fitness Carnival Set For Alief Park

The Houston Parks and Recreation Department will host a fun-filled day of sports and recreation for hundreds of children registered in its Summer Enrichment Program Friday, July 24, 2009. Let’s Play Health, Fitness, and Fun Youth Carnival will take place at Alief Park, a 37.3-acre recreational facility in southwest Houston.

WHO: Children enrolled in the HPARD Summer Enrichment Program
HPARD Community Centers staff
Representatives of the American Heart Association, Marathon Fitness, Texas A & M Extended Nutrition Program, Houston Mobile Zoo, Nature Heritage Society, Glaceau Mineral Water, and the Houston Fire Department, Police Department, and Public Library

WHAT: Let’s Play! Health, Fitness, and Fun Youth Carnival

WHEN: Friday, July 24, 2009
10:00 a.m. to 1:00 p.m.

WHERE: Alief Park
11903 Bellaire Boulevard
Houston, Texas 77072

WHY: Summer Enrichment Program youth will take part in various sports activities. Young athletes will learn how to keep their body systems healthy and functioning correctly, as well as the importance of an active lifestyle, safety, and the safeguarding of nature. Most importantly, they will have a fun and exhilarating day outdoors with their friends.

For additional information on the Houston Parks and Recreation Department, call (713) 865-4537 or visit our web site at www.houstonparks.org

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