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## MEDIA ALERT

**FOR IMMEDIATE RELEASE**

July 24, 2009

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### **Let's Play! Health & Fitness Carnival Set For Alief Park**

The Houston Parks and Recreation Department will host a fun-filled day of sports and recreation for hundreds of children registered in its Summer Enrichment Program Friday, July 24, 2009. Let's Play Health, Fitness, and Fun Youth Carnival will take place at Alief Park, a 37.3-acre recreational facility in southwest Houston.

- WHO:** Children enrolled in the HPARD Summer Enrichment Program  
HPARD Community Centers staff  
Representatives of the American Heart Association, Marathon Fitness, Texas A & M Extended Nutrition Program, Houston Mobile Zoo, Nature Heritage Society, Glaceau Mineral Water, and the Houston Fire Department, Police Department, and Public Library
- WHAT:** Let's Play! Health, Fitness, and Fun Youth Carnival
- WHEN:** Friday, July 24, 2009  
10:00 a.m. to 1:00 p.m.
- WHERE:** Alief Park  
11903 Bellaire Boulevard  
Houston, Texas 77072
- WHY:** Summer Enrichment Program youth will take part in various sports activities. Young athletes will learn how to keep their body systems healthy and functioning correctly, as well as the importance of an active lifestyle, safety, and the safeguarding of nature. Most importantly, they will have a fun and exhilarating day outdoors with their friends.

For additional information on the Houston Parks and Recreation Department, call (713) 865-4537 or visit our web site at [www.houstonparks.org](http://www.houstonparks.org)